

ASSEMBLE YOUR EMERGENCY SUPPLIES

ADVANCE PLANNING

1. **If you live in San Joaquin County, call Storm Water Management at (209) 468-3060 to determine your flood risk. If you live outside of San Joaquin County, call your local Flood Control Agency**
2. **Choose two places for your family to meet during a flood.**
 - A. One just outside of your home.
 - B. A second outside of your neighborhood at a known safe area.
3. **All adults learn to turn off electric, gas and water utilities.**
4. **Check your disaster supplies and replace water and food every six months.**

More information on disaster supplies appears in the list on the inside of this sheet.
5. **Inform every family member where emergency contact information is kept and give everyone a copy to carry.**

Include an out-of-area contact.
6. **Practice evacuating your home, drive your planned evacuation route, and plot a possible alternate route.**

Prepare maps of these routes and distribute to family members.

1. **Water** Keep at least one gallon per person per day for a minimum of three days. Keep extra bleach for decontamination of water and containers.
2. **Food** Store non-perishable, high-protein items eg. energy bars, ready to eat soups, peanut butter.
3. **Flashlights** Include several extra batteries for each.
4. **First Aid Kit** Pack a commercially available kit or make your own
5. **Medications** Do not forget to pack prescription and over the counter items.
6. **Battery Operated Radio** Include several extra batteries.
7. **Tools and Supplies** Bring tools and supplies that you may need to survive a disaster.
8. **Clothing** Have at least one change of clothing for everyone; include rain gear, jackets, shoes, and gloves.
9. **Personal Items** Have back up glasses, or contact lenses and solution, copies of important papers, toys and books to read.

11. **Money** Cash will be needed if power is out.
12. **Contact Information** Carry a current list of family telephone numbers, and e-mail addresses, including someone who lives out of your exchange area.
13. **Pet Supplies** Store food, water, leashes, litter, and box tags vaccination information and medications.
14. **Map** Carry an evacuation map in your vehicle and place a copy in your supply kit.

See the inside of this sheet for emergency supplies minimum recommendations

EMERGENCY CONTACT INFORMATION

- San Joaquin County PW Flood Management
www.sjgov.org/pubworks
(209) 468-3605
- San Joaquin County Emergency Services
www.sjgov.org/oes
(209) 468-3962
- National Weather Service
www.nws.noaa.gov
- Federal Emergency Management Agency
www.fema.gov

What to do if.

A Flood Watch Is Issued:

Move furniture and valuables to higher elevations of your home.

Fill your vehicles fuel tank.

A Flood Warning Is Issued:

Listen to local TV and Radio Stations for information, and evacuate as soon as possible if requested to do so.

A Flash Flood Watch Is Issued:

Be alert to indications of flash flooding and be ready to evacuate quickly.

A Flash Flood Warning Is Issued:

If you suspect flash flooding has already started evacuate immediately.

Move to higher ground away from rivers, streams, creeks, and storm drains.
(Do not drive around barricades.)

If your car stalls in rising water, abandon it immediately, and climb to higher ground.



*Flood
and
Flash Flood
Emergency
Preparedness*



SAN JOAQUIN COUNTY
PUBLIC WORKS DEPT
FLOOD MANAGEMENT
1810 E. HAZELTON AVE
STOCKTON, CA 95205
P. O. BOX 1810
STOCKTON, CA 95201

CONTAINER

Keep the items you will need during an evacuation in an easy to carry container such as covered trash container, large backpack, or duffle bag

WATER

Store water in non-breakable plastic containers.

Soft drink bottles are fine, however, milk cartons decompose and break.

Store a minimum of one gallon per person/per day for a minimum three day period

FOOD

Store a minimum of a three day supply of non-perishable food.

Select food that requires no refrigeration, preparation, cooking, and little or no water. Select foods that are light-weight, and in non-breakable packaging. For example:

Ready to eat canned meats, fruits and vegetables, military MREs

Canned juices, milk, soup (if dehydrated, store extra water)

Staples - sugar, salt, and pepper

High energy foods (peanut butter, jelly, crackers, trail mix, granola bars)

Vitamins

Foods for infants, elderly or special diets

Comfort/stress foods - cookies, hard candy, sweetened cereals, instant coffee, tea bags

Mess kits or paper cups, plates, plastic utensils, manual can opener and aluminum foil

TOOLS AND SUPPLIES

Emergency preparedness manual

Radio - battery operated and extra batteries

Flashlights and extra batteries and bulbs

Money (cash and change) - Travelers checks

Fire extinguisher: small canister, ABC type

Tube tent(s), rope, stakes, and poles

Pliers, hammer, knives (pocket and utility)

Wrench or wrenches to shut off household gas and water

Tape, masking and duct

Compass and whistles (for each family member)

Sewing kit

Medicine dropper

Plastic sheeting

Map of area showing evacuation routes and rally points

Signal flares

Plastic storage containers

Water-proof fire starter - matches or magnesium

FIRST AID KIT

Assemble or purchase a first aid kit for your home and each car. At minimum, your kit should contain these items:

Sterile adhesive bandages in assorted sizes

6 ea. 2-inch and 6 ea. 4-inch sterile gauze pads

Hypoallergenic adhesive tape

3 triangular bandages

Scissors, tweezers, needle, safety pins

Moistened towelettes

Antiseptic, sunscreen

Soap/anti-bacterial cleanser

2 pair latex gloves

Thermometer, tongue depressors

Petroleum jelly or other lubricant

Non-prescription drugs

Aspirin or non-aspirin pain reliever

Anti-diarrhea medication

Antacid

Laxative

Activated charcoal and syrup of Ipecac

CLOTHING AND BEDDING

One complete change of clothing (minimum) per individual, including shoes

Thermal underwear and rain gear

Blankets or sleeping bags

Jackets, hats, gloves, and sunglasses

SANITATION AND SPECIAL ITEMS

Toilet paper, moistened towelettes, and feminine supplies

Plastic garbage bags for personal sanitation

Baby formula, diapers, bottles, medications and prescriptions

Pet food, water, leash, litter box or plastic bag, medications, etc.

Soap, liquid detergent, disinfectant, and chlorine bleach

Personal hygiene items (toothbrush, comb, etc.)

Plastic bucket with air-tight lid

Adult medications and prescriptions

Extra eye-glasses, contact lenses and supplies

Entertainment (games and books)

Important documents (wills, contracts, stocks, bonds, etc.)
Keep in water-proof, portable container